

Were you affected by the COVID-19 pandemic?

Somerset County Hope and Healing

Confidential • Anonymous • Free

908-231-6414

We provide virtual:

- Individual emotional support
- Community education on disaster reactions & recovery
- Coping skills for managing stress
- Psychoeducation materials
- Support Groups
- Information & Community Referrals

This program is brought to you through the New Jersey Hope and Healing Crisis Counseling Program (CCP). The CCP is provided by Richard Hall Community Mental Health Center in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services and is funded through a FEMA/SAMHSA grant

Services are provided through the Board of County Commissioners by the Richard Hall Community Mental Health Center, Somerset County Department of Human Services.

