



SOMERSET COUNTY PARK COMMISSION

Therapeutic Recreation

Adult Programs

July & August 2021



Please call 908-526-5650 if you would like your name taken off our list.



Therapeutic Recreation Department

P.O. Box 5327, North Branch, NJ 08876 ❖ Phone: 908 526-5650; Fax: 908 429-5508
TTY users, please use the Relay Service @ 711 ❖ www.somersetcountyparks.org

Dina Trunzo, CTRS, Manager
Gwen Leubner, Program Coordinator
Lisa Kazman, Program Coordinator

Office Hours:
Monday through Friday 8:00am to 4:30pm

Therapeutic Recreation (TR) is a cooperative effort between the Somerset County Park Commission and the following participating municipalities:

Bedminister	Manville
Bernards Township	Montgomery
Bernardsville	North Plainfield
Bound Brook	Raritan
Branchburg	Somerville
Bridgewater	South Bound Brook
Green Brook	Warren
Hillsborough	Watchung

TR provides year round recreation programs to children and adults with developmental disabilities residing in participating municipalities. We encourage your input and suggestions. Not sure which program to register for? Please call the TR office. We are here to help you recreate!

Registration

- Registration will begin on Wednesday, July 7 at 9:00am.
- **You may register for as many programs as you like.**
- Group homes may only register up to 2 people per program and only those 2 people who are registered may be on the Google Meet/Zoom or in-person program.
- We ask that if you need to miss a program to please let us know as we have waitlists for most programs.
- Some virtual programs request you purchase supplies. You can still register and watch if you are unable to purchase the supplies.
- No refunds will be offered for missed programs unless a someone can fill your space.
- Scholarships are not being offered at this time.
- If you have questions please call the TR office @ 908-526-5650
- Schedule is subject to change based on registration

Behavior

Participants who are physically or verbally abusive to themselves or others will be suspended from the program and participation in future programs will be limited.

Inclement Weather

If at all possible, TR staff will call your home if a program is canceled due inclement weather. For further information, you may call the TR office for a recorded message.

Medication/Personal Needs

TR staff cannot administer medication. Participants must be able to meet their own personal needs and administer their own medication.

Groups

No more than two individuals from any one group residence may register for an activity that has limited slots available.

Other Policies

No smoking will be permitted during TR sponsored activities. Alcohol consumption is prohibited during programs. Registration is not transferable to another person. No participant substitutions will be allowed.

Different Person Pick-Up

If someone other than the parent/guardian or group home staff will be picking up a participant at the conclusion of the program, either at the program site or pick-up/drop-off point, advance written notification MUST be given to the TR staff.

Covid Guidelines

Equipment and supplies are regularly sanitized. The bathrooms are sanitized prior to the start of a program. Hand sanitizer is available.

Vaccinated individuals do not have to wear a mask during programs but are welcome to if they feel more comfortable with a mask on.

Unvaccinated individuals are strongly encouraged to wear a mask.

Individuals who are sick are asked to remain home. If someone comes to a program sick, family/staff will be called to pick up the individual.

JULY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
BLUE : IN-PERSON PROGRAMS	GREEN: VIRTUAL PROGRAMS	PINK: OTHER SUMMER PROGRAMS		1	2	3
4	5 Holiday	6	7	8	9	10
11	12 Summer Connect Day Program	13 Virtual Line Dancing Luau Party	14 Summer Connect Day Program	15 Virtual Lunch Bunch Summer Crafts	16 Summer Connect Day Program	17
18	19 Summer Connect Day Program	20 Virtual Line Dancing Cardio Drum	21 Summer Connect Day Program	22 Virtual Lunch Bunch Summer Crafts	23 Summer Connect Day Program	24
25	26 Virtual Bingo	27 Cardio Drum	28 Virtual Hangout	29 Mini Golf	30 Pool Party	31

AUGUST

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Virtual Jeopardy	3 Bingo Mania	4 Virtual Trip to Land of Candy	5 Kickball	6 Campfire	7
8	9 Summer Explorations Youth Program	10 Summer Explorations Youth Program	11 Summer Explorations Youth Program	12 Summer Explorations Youth Program	13 Summer Explorations Youth Program	14
15	16 Summer Explorations Youth Program	17 Summer Explorations Youth Program	18 Summer Explorations Youth Program	19 Summer Explorations Youth Program	20 Summer Explorations Youth Program	21
22	23 Virtual Coffee & Chat	24 Games, Games, Games	25 Virtual Fitness Board Game	26 Movie Night	27	28
29	30	31				

Adult Programs, ages 18 and older

VIRTUAL LINE DANCING (97682)

Get on the floor and show us your moves. We will learn old line dances along with dancing to some of your favorites.

Date: Tuesdays, July, 13, 20

Time: 2:00 - 2:40pm

Fee: \$14.00

VIRTUAL LUNCH BUNCH (97683)

This program is always a hit! Bring your lunch or snack and catch up with friends to hear about their weekends.

Date: Thursdays, July 15, 22

Time: 1:00 - 2:00pm

Fee: \$0

VIRTUAL BINGO (97684)

This program is one of our most popular. Come see what the fun is about. Who will yell Bingo first?

Date: Monday, July 26

Time: 2:00 - 3:00pm

Fee: \$10.00

VIRTUAL HANGOUT (97685)

Catch up with friends and enjoy the question of the day. Feel free to bring a drink and snack.

Date: Wednesday, July 28

Time: 11:00am - 12:00pm

Fee: \$0

VIRTUAL JEOPARDY (97686)

Any kind of jeopardy is fun. With TR friends it is even more fun! This month's game will definitely leave you guessing.

Date: Monday, August 2

Time: 2:00 - 3:00pm

Fee: \$10.00



VIRTUAL PROGRAMS

VIRTUAL TRIP TO THE LAND OF CANDY (97687)

Come travel with us to the candy factory to see how all the wonderful sweet treats are made.

Date: Wednesday, August 4

Time: 4:00 - 5:00pm

Fee: \$0

VIRTUAL COFFEE & CHAT (97688)

Grab something to drink and chat with friends about your summer.

Date: Monday, August 23

Time: 10:00 - 11:00am

Fee: \$0

VIRTUAL FITNESS BOARD GAME (97689)

Who will get to the finish line first? Find out while completing fitness challenges along the way.

Date: Wednesday, August 25

Time: 11:00 - 12:00pm

Fee: \$7.00



LUAU PARTY (97690)

Kick off summer with this fun in-person party. We will listen to music, have tasty treats, and dance the night away!

Date: Tuesday, July 13
Time: 7:00 - 8:30pm
Fee: \$15.00



SUMMER CRAFTS (97691)

If you enjoy working with your hands and being creative, then this program is for you. We will be working on projects with a summer theme.

Date: Thursdays July 15, 22
Time: 7:00 - 8:30pm
Fee: \$30.00

CARDIO DRUM (97692)

Pounding to the beat is a great way to work out. We will use drum sticks and yoga balls to move our bodies.

Date: Tuesdays, July 20, 27
Time: 7:00 - 8:30pm
Fee: \$22.00

MINI GOLF (97693)

FOUR! Join us for some goofy fun playing a round of mini golf. Show off all your trick shots and get a hole in one. Additional money will be needed. This program is open to ambulatory adults.

Date: Thursday, July 29
Time: 7:00 - 8:30pm
Location: The Golf Range @ Branchburg, 3091 Route 22 East
Fee: \$10.00



POOL PARTY (97694)

Pool parties are always a summer hit. Gather with friends to cool off and relax. We will meet at the Warrenbrook Pool. \$5 will be needed for admission to the pool and extra money if you would like to purchase a snack or you may bring your own.

Date: Friday, July 30
Time: 6:00 - 8:00pm
Location: Warrenbrook Pool, 500 Warrenville Road, Warren
Fee: \$10.00



BINGO MANIA (97695)

This program is a fan favorite and we are so excited to be able to play in-person! This month's theme is park commission. Get ready to win a prize.

Date: Tuesday, August 3
Time: 7:00 - 8:30pm
Fee: \$12.00



KICKBALL (97696)

Who doesn't love a good old fashioned throw back game of kickball? Let's get together and play this fun, old school game TR style. We will split into 2 teams and see who can get a home run first. **Please bring a filled water bottle.**

Date: Thursday, August 5
Time: 7:00 - 8:30pm
Fee: \$12.00

CAMPFIRE (97697)

Gather round the campfire to sing songs, make smores, and tell some spooky stories. This program will take place at Colonial Park. **You must bring a chair.**

Date: Friday, August 6
Time: 7:00 - 9:00pm
Location: Colonial Park, Mettlers Road, Franklin Township, Perennial Garden Parking Lot F
Fee: \$20.00

GAMES, GAMES, GAMES (97698)

Who doesn't love a good old fashioned board game night? Pick your choice of game and challenge your friends.

Date: Tuesday, August 24
Time: 7:00 - 8:30pm
Fee: \$15.00

MOVIE NIGHT (97699)

Movies are a great way to finish out the summer. Catch a great film while enjoying a light snack.

Date: Thursday, August 26
Time: 7:00 - 9:30pm
Fee: \$15.00



Location: All programs held at North Branch Park - TR Activity Center, Milltown Road, Bridgewater, unless otherwise noted